



NAMI
National Alliance on Mental Illness

NAMI Atlantic/Cape May

Replace ignorance, judgment and stigma with understanding, compassion and acceptance through
Support, Education, Advocacy and Public Awareness

We are using teleconferencing technology through ZOOM to provide services.
Visit www.namiac.org and FACEBOOK for additional information.
Join naminj.org for statewide support groups and webinars

The next Family Support Group will be held on Tuesday, May 26 in lieu of Memorial Day on May 25.

Then the following Mondays:

June 8, June 22, July 6

7:00 PM

- ***Register first with namiacm.aek@gmail.com***
- ***Registrants will then receive an email from us with the Zoom video-audio link and telephone call in information.***

As we proceed with our continued social distancing, we have found that the ZOOM platform offers an acceptable substitute for seeing each other. If you have not joined us, please do. Attendees have offered positive feedback on this experience.

- *Feel free to call Gail Dembin at 609-927-0215/Abbie Katz at 215-327-7940 for support.*
- *Intensive Family Support Service staff (IFSS) are available to help you for crises and professional guidance in addition to our peer support.*
Atlantic County, Meghan Schweer: 609-839-4065
Cape May County, Bernadette Moore: 609-780-2031