



**RESOURCE BOOK LIST**

**ADHD (Adult and Children)**

Bailey, Eileen and Haupt, Donald M.D.

**Complete Idiot's Guide to Adult ADHD**

Wender, Paul M.D.

**Hyperactive Child, Adolescent and Adult (1987)**

**BIPOLAR DISORDER**

Bockian, Neil PhD

**New Hope for People with Bipolar Disorder (2002)**

Burgess, Wes, M.D., PhD

**The Bipolar Handbook for Children, Teens and Families (2008)**

Collier, Desiree

**Manic Memories**

Duke, Patty; Hochman, Gloria

**A Brilliant Madness—Living with Manic-Depressive Illness (1992)**

Fawcett, Jan, M.D., Goden, Bernard PhD, Rosenfeld, Nancy

**New Hope for People with Bipolar Disorder (updated 2007)**

Fink, Candida, M.D.

**Bipolar Disorder for Dummies (2005)**

Greenberg, Rosalie, M.D.  
**Bipolar Kids (2008)**

**BIPOLAR DISORDER (Continued)**

Jamison, Kay Redfield  
**An Unquiet Mind**

Jamison, Kay Redfield  
**Touched with Fire – Manic Depressive Illness and the Artistic Temperament (1994)**

Miklowitz, David, PhD; George, Elizabeth PhD  
**The Bipolar Teen**

Papolos, Demetri, M.D.; Papolos, Janice  
**The Bipolar Child (2002)**

Torrey, E. Fuller, M.D.; Knable, Michael B., D.O.  
**Surviving Manic Depression (2002)**

**BRAIN**

Leaf, Caroline, M.D.  
**Who Switched OFF My Brain?**

**CHILDREN**

Campbell, Bebe Moore  
**Sometimes My Mommy Gets Angry**

Gutkind, Lee  
**Stuck in Time – Tragedy of Childhood Mental Illness**

## **DEPRESSION**

Coleman, Lee H. PhD

**Depression – A Guide for the Newly Diagnosed**

Gold, Mark, M.D.

**Good News about Depression**

Papolos, Demitri; Papolos, Janice

**Overcoming Depression**

Real, Terrence

**I Don't Want to Talk About It – Male Depression (1997)**

Robbins, Paul

**Understanding Depression**

Shenk, Joshua Wolk

**Lincoln's Melancholy**

Styron, William

**Darkness Visible**

## **EATING DISORDERS**

Kolodny, Nancy MSW

**Beginner's Guide to Eating Disorders Recovery**

Schulherr, Susan LCSW

**Eating Disorders for Dummies (2008)**

## **FREUD**

Jorrey, E. Fuller M.D.  
**Freudian Fraud (1992)**

## **GROUP HOMES**

Winerip, Michael  
**9 Highland Road**

## **HOMELESSNESS**

Coates, Judge Robert  
**A Street is Not a Home**

Torrey, E. Fuller, M.D.  
**Nowhere to Go: Tragic Odyssey of Homeless Mentally Ill**

## **MEDICATIONS**

Kramer, Peter  
**Listening to Prozac (1993)**

Perrin, Mark, M.D.  
**Psychiatric Meds for Children**

Weiden, Scheiffler; Diamond, Ross  
**Breakthroughs in Anti-Psychotic Medications**

## **MENTAL ILLNESS**

Hicks, James Whitney, M.D.  
**50 Signs of Mental Illness**

## **MISCELLANEOUS**

Amador, Xavier

**I am Not Sick – I Do Not Need Help (2007)**  
Dealing with Denial

Johnston, Joni E., PsyD

**Complete Idiot's Guide to Psychology**

**DSM V (new)**

**Diagnostic/Statistical/Manual used by doctors to diagnose mental illness.**

## **OBSESSIVE COMPULSIVE DISORDER**

Elliott, Charles; Smith, Laura

**Obsessive Compulsive Disorder for Dummies**

Osborn, Ian, M.D.

**Tormenting Thoughts and Secret Rituals**

Rappoport, Judith, M.D.

**The Boy Who Couldn't Stop Washing**

## **SCHIZOPHRENIA**

Hennessy, Jane

**Rebecca's Rose (2007)**

Lamb, Wally

Novel entitled: **I Know This Much is True (1998)**

Levine & Levine

**Schizophrenia for Dummies**

## **SCHIZOPHRENIA (Continued)**

Smith, Laura; Elliott, Charles  
**Schizophrenia for Dummies**

Torrey, E. Fuller, M.D.  
**Surviving Schizophrenia**

**NOTE:** An old but still effective book for families who have a loved one with schizophrenia.